

Hiking the Himalayas' Annapurna Trail



TRIP OVERVIEW

Journey into the Himalayas along the Annapurna circuit, staying in unique mountain lodges on this 14-day tour that travels past snow-capped peaks and spectacular mountain vistas along one of the world's most rewarding walking trails.

ITINERARY & DETAILS

This document aims to give you all the information that you require for a smooth and comfortable trip to Nepal. Please take the time to read this dossier to familiarise yourself with all the aspects of our tour. It includes important information such as visa requirements and travel insurance.

Your included meal guide:

B = Breakfast, L = Lunch, D = Dinner

DAY 1: UK to Kathmandu

Depart the UK on your scheduled, overnight flight to Kathmandu, via Doha.

DAY 2: Kathmandu **B/L/D**

On arrival in Kathmandu, you will be met and transferred to your hotel, re-joining your group later tonight for a welcome dinner.

DAY 3: Kathmandu **B/L/D**

Enjoy breakfast at your hotel or have an early breakfast and set out on a thrilling flight that carries you over Mount Everest for a spectacular bird's eye view of the world's highest mountain (at a fee). A full day of sightseeing following in Nepal's stupa-studded capital. Begin at historic Durbar Square where you'll follow ancient streets to the temple of the Living Goddess. Continue on to the Buddhist stupa of Swayambhunath and admire this gilded structure under the watchful painted eyes that adorn its sides. After lunch at a local restaurant, journey onward to the nearby city of Patan, a 3rd century settlement enclosed within four stupas. Wander among its 136 monasteries and temples, visiting the ancient Krishna Temple and the Handicraft Centre where you'll witness artisans weaving Tibetan carpets and moulding metal statues. Return to Kathmandu for your overnight stay.

DAY 4: Kathmandu **B/L/D**

Set out on a morning tour of Bhaktapur. Perched on a hill to the east of Kathmandu, the city is still untouched by urbanization and retains its brick paved roads, charming red brick houses and old traditions. Visit the intricately adorned Bhairav Temple before exploring Pottery Square, the Palace of 55 Windows and the gilded archway of the Golden Gate. After lunch at a local restaurant, journey to the immense Boudhanath Stupa and Pashupatinath Temple, one of the most sacred Hindu temples of Nepal. Return to Kathmandu for an evening of culture as you enjoy dinner and a Nepalese dance show in a traditional restaurant.

DAY 5: Kathmandu to Pokhara **B/L/D**

After breakfast, drive into the Himalayan foothills, arriving in the mountainous city of Pokhara for an evening at leisure in this picturesque lakeside settlement.

DAY 6: Pokhara to Syauli Bazaar and on to Ghandrung (1940m) **B/L/D** (Average 3 - 4 hours of walking including breaks: Today's trek has an ascent of approximately 770m)

After breakfast drive from Pokhara to Syauli Bazaar (Trek starting point) - approx. 2 hrs drive. Then you begin our Trek from the river bank of Modi river to Kimcha village, about a 30 minute walk where we stop for lunch at

a local lodge. Then a steep ascent on the stone steps for about 1.5 hours through the villages and paddy fields to reach the village of Ghandrung for your overnight stay in the lodge.

DAY 7: Ghandrung **B/L/D**

(Average 3 hours of walking including breaks: ascending approximately 1940m)

After breakfast, visit Annapurna Conservation Area Project Head Office, a Traditional museum and the village of Ghandrung, which is the second Biggest Gurung settlement in Western Nepal. Visiting Ghandrung also gives a snapshot of everyday local life in Nepal's mountains, especially that of the Gurung people. From here, you can see the panoramic views of Mount Annapurna South, Hiunchuli, Gangapurna, Machhapuchare (i.e. Fish-Tail), Annapurna III and other snowy mountains if weather permits. After spending some time at village, head back to your lodge.

DAY 8: Ghandrung to Jhinu Danda **B/L/D**

(Average 4 - 5 hours of walking including breaks: Today the trail occasionally ascends and descends towards Jhinu Danda (1780m). After lunch, walk for a further 45 minutes; the total descent will be approximately 160m)

Follow an undulating trail which ascends and descends towards Jhinu Danda, your base for the night. Arrive at your lodge and break for lunch before you explore the surrounding area on foot, walking through forest-filled pockets to the riverside and some nearby hot springs. Lay back and relax in the rejuvenating waters of the hot springs for the remainder of the afternoon before returning to your lodge.

DAY 9: Jhinu Danda to Landrung **B/L/D**

(Average 3 - 4 hours of walking including breaks: Today's trek has a descent of approximately 140m)

Depart Jhinu Danda on today's trek, descending steeply to some nearby cliffs where the region's famed honey hunters scale ropes during their forages. Next, cross a suspension bridge which provides superb views of the valley and River Modi, stopping for a photo opportunity. Walk onward as you ascend to the village of Landrung (1640m) where you will check into your mountain lodge and enjoy dinner in the evening.

DAY 10: Landrung to Dhampus **B/L/D**

(Average 5 - 6 hours of walking including breaks with approx. 130m ascent)

Today's trail takes you through terraced paddy fields and villages on a flat, hour-long walk. Following a break, begin a strenuous, steep ascent up a series of stone steps to the charming village of Tolka, reaching the upper part of the village after a short walk along level ground. Enjoy lunch in this peaceful setting then set out on your afternoon trek, going further uphill through forested woodland towards Pothana village. From here, the trail gradually descends to Dhampus (1770m), where you'll stop for your overnight stay.

DAY 11: Dhampus to Pokhara B/L/D

(Average 2 - 3 hours of walking including breaks with approx. 640m ascent)

Wake before sunrise this morning to soak in magnificent views of the mountain peaks bathed in hues of pink and purple. After breakfast, your trek will take 2-3 hours, descending through farmland and wooded areas to reach Suikhet Phedi (1130m). Depart for Pokhara, stopping for lunch en route or on your arrival in Pokhara. The afternoon is at leisure, allowing you to explore the city sights or relax before dinner in your hotel.

DAY 12: Pokhara B/L/D

Following your mountain trek, enjoy today at leisure or choose one of two optional excursion (at a fee). For the first excursion, drive up to the viewpoint at Sarankot for mesmerising sunrise views over the whole

Annapurna range, with the option of a three-hour walk back down to the lakeside from Sarankot. Alternatively, take a stroll around the lake in the afternoon and a boat ride on its serene waters.

DAY 13: Pokhara to Kathmandu B/L/D

This morning, travel back to Kathmandu, stopping en route for lunch at a local restaurant.

DAY 14/15: Kathmandu to the UK B

After breakfast, transfer to the airport for your return flight to the UK, or continue on to your extension.

ACCOMMODATION DETAILS & MAP

Accommodation

Your accommodation is selected for convenience, location, comfort or character, and can range from business hotels to lodges and home stays. Hotel accommodation is basic, but please note there is no international classification system for hotels, and differences in facilities and quality do exist between the UK and Nepal. If you are staying in a lodge during your tour, plumbing and electricity supplies can vary and, in some cases, infrequent, with electricity only being accessible during certain times of the day. Please note hot water is based on solar power, due to weather conditions this can be infrequent, in this case a hot water bucket can be purchased for \$5 per bucket.

Please note the lodges and guest houses on the trek do not have star ratings. Accommodation is basic, with neat and clean rooms. All accommodation features either a shared bathroom or en-suite bathroom. Water provided by the lodges are heated using solar panels, therefore it is recommended to shower at the end of the day. Electricity is available in all lodges/ Guest Houses, despite their location. During your stay in lodges throughout your tour, plumbing and electricity supplies can vary and, in some cases, infrequent, with electricity only being accessible during certain times of the day. Some lodges and guest houses do not have a heating system, we advise that you follow the 'What To Pack' and 'Clothing' section to ensure you are well prepared. The Mountain Lodges/Guest Houses you'll stay in are welcoming and offer fantastic views.

Rest assured that all accommodation used by Mercury Holidays is regularly inspected by our staff and partners to ensure that standards meet your needs.



Please note: Final confirmation of your accommodation will be sent in a document, along with your final flight information, approximately 10 days before you travel.

Meals

Breakfast is always western style and served in the hotel/lodge each morning. Lunch and dinner where stated will be taken at local restaurants or at your hotel with some packed lunches. A variety of restaurants are visited giving you the chance to experience a range of dishes.

ON YOUR ARRIVAL

On your arrival in Kathmandu you will be met by a representative from our local agent, **Earthen Experiences**, holding a sign displaying: "Mercury Holidays". The Mercury Holidays/Earthen Experiences representative will show you to your transfer vehicle. Your national guide will be on hand 24 hours a day should you have any queries. However, if you need to contact your representative during your stay the details are:

Earthen Experiences

A - Earthen Experiences, 2 DDA Commercial Complex, Panchsheel Park, New Delhi 110017

Telephone Number: 0091 11 4921 1000 (09:30 - 18:00)

E-mail: info@earthenexperiences.com

Emergency contact information

Please find below the emergency contact details for **Earthen Experiences**:

Mr. Mohammad Kaushar - General Manager: 24-hr number: 0091 98 9974 0800. E-mail Address: mohammad.kaushar@earthenexperiences.com

Mr. Anuj Negi - Director: 24-hr number: 0091 99 1085 9004

E-mail Address: anuj.negi@earthenexperiences.com

WHAT TO PACK

It is advisable to pack as lightly as possible. Please keep the weight and bulk of your trek bag to a minimum by bringing clothes made from lightweight material. However, as the weather conditions in the Himalayas are often unpredictable, be prepared for all eventualities, be it rain, unseasonable cold or heat. For the trek, all your gear should be packed in plastic bags to protect it from the weather. The item of luggage used to carry all your belongings in the hold of the plane and to store all the items you don't need on the trek can be left behind at the group hotel used prior to the trek in Pokhara. Your trek leader will assist you in packing your trek bag and can advise what to bring and what can be left behind in Pokhara. Porters will carry your trek bag during all treks; however, there is a weight restriction of 10kg. It is recommended you take a day sack to keep a few belongings with you on your trek: waterproofs, fleece, gloves, hat, sunhat, sunscreen, water bottle and the all-important camera!

- Sunscreen, insect repellent and hat
- Personal first aid kit containing travel pills, rehydration powder, plasters, stomach settlers, antiseptic creams, aspirin, blister plasters etc
- Camera and charger
- An electric plug converter - three different plug sockets are used, so it is best to bring a multi adapter
- Loo paper for public WCs
- Binoculars
- Sunglasses
- Torch, batteries and bulb
- Water bottle and chlorine dioxide to sterilise water
- Anti-bacterial hand wash
- Light-weight towel or sarong
- Trail mix / nuts / muesli bars (bring zip lock bags from home)
- Trekking poles with rubber points are recommended
- Daysack/ rucksack to use during treks; we recommend 30-35 litres
- Plastic Bags
- Four Season Sleeping Bag. Sleeping bags can be hired from Kathmandu for approximately \$3-\$5 USD per sleeping bag, per day, however blankets are provided the lodges.
- Sleeping bag liner
- Refillable water bottle - This can be refilled for approximately \$1 for cold water and \$5 for hot water.

CLOTHING

- Long trousers - For everyday walking, light cotton or linen trousers are the most suitable. Jeans are not recommended as they are often difficult to walk in over longer distances
- Warm clothing - A thick fleece or sweater is necessary as nights can be very cold at altitude
- Down jacket - After sunset, temperatures can fall below freezing
- Waterproof lightweight jacket
- Hat and gloves - thermal types are most appropriate
- Tracksuit or fleece pants for evenings
- T-Shirts
- High quality hiking socks
- Walking boots - we recommend you bring boots with ankle support that have been worn-in and comfortable before you start your trekking

FLIGHT INFORMATION

IMPORTANT: Please note that final flight details, including terminal, airline and baggage allowance, will be confirmed on your final documentation which will be sent to you approximately 10 days before departure. A printed E-ticket is no longer required at check-in, all you need to do is present your passport to the staff at the desk and your boarding pass will be given to you.

Airport Extras

If you wish to arrange Airport car parking, lounges or accommodation at preferential rates, we recommend you book this in advance with Holiday Extras Tel. 0871 360 2000, quoting HX313.

PREPARING FOR YOUR TOUR

Visas

British passport holders do not need to obtain a visa for Nepal prior to departure. A Nepalese visa can be purchased on arrival into Kathmandu; you will need to complete and download a form from the Nepal Embassy website and present this completed form on arrival at immigration together with your payment (currently USD \$30). You must print the form with the barcode and take it with you for arrival. The barcode is only valid up to 15 days after issue so please complete this form within 2 weeks of travel. You will also need to complete an 'arrival card' at the airport. When applying for the visa on arrival you will need to ensure you apply for a multiple entry visa. We recommend you check the following website before travelling for all the most up to date advice, requirements and any changes <http://www.nepembassy.org.uk/visa.php>. We strongly advise you to check with your destinations' Tourist Board or Embassy for the most up-to-date guidelines regarding required passport validity.

Please note: You are also required to take at least 2 passport sized photographs for the Annapurna Conservation Area Permit and also the Trekkers' information management system (TIMS) card. Both are required for trekking in Nepal.

Please note if you are taking the Nagarkot extension at the end of your tour, you will need to apply for a 30-day multiple tourist visa (currently USD \$50).

If you are taking the **Tigers of Ranthambore extension** the following visa advice for **India** will apply: A visa is required for entry into India. British Citizen Passport Holders will need to obtain a tourist visa. We work closely with The Travel Visa Company who will be able to arrange your visa on your behalf. Please call them on 01270 250 590 and quote "Mercury Holidays". The Travel Visa Company can only apply for this 120 days before your proposed travel date. When calling the Travel Visa Company they will advise you of any changes to the fees or the procedure, they will also advise you of all information they will require in order to apply for the visa. Alternatively you can visit The Indian Visa Application Centre in London: 142-148 Goswell Road, London, EC1B 7DU. Your passport must be valid for at least 6 months before you enter India. Visa requirements are subject to change and obtaining a visa is the responsibility of the traveller and not Mercury Holidays. We recommend you check with your destinations' Tourist Board or Embassy prior to departure for the most up to date guidelines regarding visas and passport validity.

Insurance

We strongly recommend that you and all members of your party are suitably insured as soon as you book your holiday. It is a condition of booking that you must have suitable travel insurance. It is important that you purchase travel insurance that suitably covers your participation in whatever activities you may undertake at the time that you make your booking. To assist you with this, we have arranged travel insurance in partnership with Holiday Extras. To arrange your travel insurance with Holiday Extras, please call **0800 781 4237** and quote **'WK830'** for preferential rates. Please ensure you provide us with the name of your insurer, policy number and their 24 hour emergency contact number as soon as possible. Mercury Holidays will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

Health and Vaccinations

It is your responsibility to check any health and vaccination requirements applicable to your booked arrangements. We can only provide general information about this. Health and hygiene facilities and disease risks vary from country to country. You should take health advice about your own needs as early as possible and in good time before your departure. Sources of information include; www.fco.gov.uk, www.travelhealthpro.org.uk/, www.hpa.org.uk, your General Practitioner or a specialist clinic. Flying insects including mosquitos are common in this part of the world. You may find it useful to wear long-sleeved, long-legged clothes and use repellents which contain DEET.

Covid-19

Nepal will accept the UK's proof of COVID-19 recovery and vaccination record and proof of COVID-19 vaccination issued in the Crown Dependencies. Your final vaccine dose must have been administered at least 14 days prior to travel. If you're not fully vaccinated, you must obtain a negative PCR test not more than 72 hours before your flight of first departure to enter Nepal, and should then be able to obtain a visa on arrival. Please visit www.gov.uk/foreign-travel-advice/nepal/entry-requirements for full information.

Altitude Sickness

Altitude sickness is a fairly common condition that can occur when you ascend to a high altitude (generally higher than 2,500 metres above sea level) quickly. The decrease in atmospheric pressure can make breathing more difficult as the body is not able to take in as much oxygen. Most cases are mild with symptoms that can include: headache, nausea, dizziness and exhaustion. Several of the places on your trekking holiday are located at high altitude. Therefore, you may find you experience some symptoms at this altitude. It is advisable at these high altitudes to keep hydrated and avoid alcohol. If you do experience symptoms of altitude sickness during your tour, ensure you tell your guide immediately who will be able to advise the best thing for you to do. It is advisable to consult your doctor before your holiday for any advice on the effects of altitude sickness and if you have any health problems that this could affect. It is also advisable to carry the name, address and telephone details of your GP; in the event that you feel unwell, your insurance company may require this information.



ABOUT YOUR WALKING HOLIDAY

Physical Accessibility and the Walking Environment

For this trekking holiday, previous experience and a good level of fitness & stamina are recommended. Trekking will be along well-worn paths at different paces. You will need to be prepared to negotiate steep inclines and uphill treks climbing stone steps. Your treks will be between mountain lodges and daily distances will vary from 6 to 13 kilometres. You will be able to take short breaks during your treks and you can look forward to arriving at your lodge, on average, in time for lunch. Please do consider the pace may vary depending on the abilities within the group. Most of the treks will take place in the morning allowing you to have the afternoons at leisure to relax or make the most of exploring the local area. It is important to note altitudes vary between 1170m and 1780m for most walks; the highest altitude that you will reach will be around 2000m. We recommend carrying a small backpack and if you are in any doubt as to the tours suitability, please speak to your GP as soon as possible as this is a physically challenging holiday.

This tour is accessible to most people with a good level of fitness and normal mobility. It involves climbing of steep stairs and getting on and off coaches. This tour is not suitable for anyone with walking difficulties. All our tours feature a "Tour Pace" to help find the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights, climb stairs and get on and off coaches and boats. The tour pace for Hiking The Himalayas Annapurna Trail is challenging. A higher level of fitness as required as you may be on your feet for most of the day though this will be interspersed with regular breaks and vary from day to day. You will be walking around the sights, getting on and off coaches, trains, boats and climbing steps which may be irregular. There may be some time spend at high altitude. You will stay in variety of hotels, possibly including overnight trains, and accommodation standards may not match those you are used to at home.

Our guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

Climate

The climate in the Nepalese Himalayas can vary. In winter, days are warm, but nights and early mornings can be surprisingly cool and even cold especially when at high altitude. The rest of the year, temperatures can exceed 30°C with clear skies; however, at altitude the temperatures are lower. It is also important to remember the strength of the sun. Heavy rain can also affect the region; however, this is uncommon outside of monsoon season which runs from June until September. Please see the 'What to Pack section' for more details on clothes we recommend you take.

Tour Guides

This is a fully escorted tour, meaning that you will be met on arrival by your national guide who will remain with you for the duration of your trip.

Private Tour

If you have booked a private tour then you will be accompanied by a Driver Guide or a Driver and Local Guides. These will be available to you during all scheduled sightseeing. Private Tours can depart on any day of the week depending on flight and train schedules and the opening days of the attractions. They will follow the itinerary as described in the brochure unless you have been advised otherwise and you will still have all of the same meals, sightseeing and local excursions included.

Currency Exchange

The currency in Nepal is the Nepalese Rupee or NPR, which is divided into 100 paisa. US dollars and UK sterling are also often accepted should you wish to keep an alternative currency on you. We recommend that you exchange your currency before you leave the UK. It is important that you budget carefully and ensure you have the right form of currency before you arrive in the country. Cash machines will also be available throughout the tour in order to withdraw money in your local currency.

Personal Expenses

You will need to take money with you to cover any personal purchases such as souvenirs, laundry, any meals not included in the itinerary as well as drinks and any additional snacks. Approximately £100- £200 per person will be sufficient for the duration of the tour. It is a good idea to try and maintain a supply of small notes and change in the local currency for tipping or small purchases.

Tipping

Tipping is not compulsory and is at your discretion. Should you wish to tip, we recommend tipping £16 per person in general plus £48 per person for your guide and driver, totalling approximately £64 per person per tour. This will be collected at the end of your tour for your convenience. Tips are accepted in the local currency, US dollars and British pounds.

Group Size

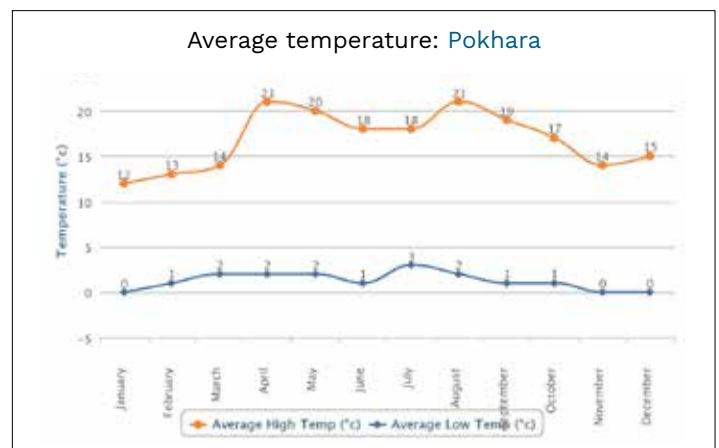
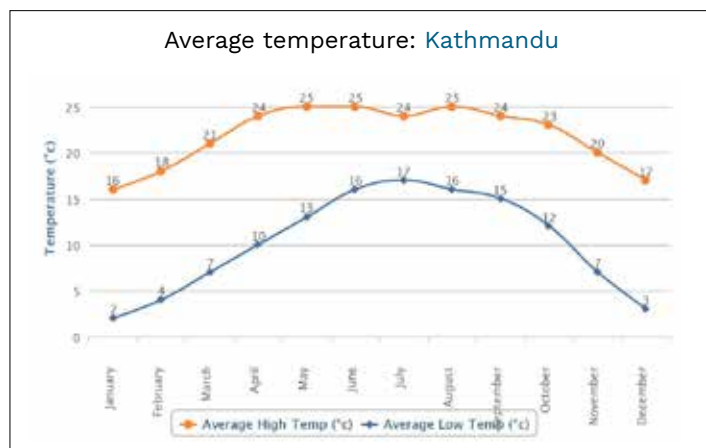
The minimum number of travellers in your group will be 7, and the maximum will be 20. If in the unlikely event there are less than 20 people booked on your tour date, we will endeavour to reduce any disruption to your holiday and try to operate your tour with lower passenger numbers. If we are not able to operate your departure date, then you may be asked to change to a different date and a full refund will be made available to you should this alternative not be suitable.

Itinerary Changes

The order of events and sightseeing may vary according to local conditions or for operational purposes. Your local guide will inform you of any schedule changes as they are informed of them. Some road construction and/or weather conditions may lengthen the driving/ trekking times. Our intention is to adhere to the day-to-day itinerary as printed; however, ordering of events and sightseeing may vary according to local conditions.

WEATHER AND CLIMATE

Weather can vary quite considerably throughout the year, so please familiarise yourself with the climate charts below.



Tigers of Ranthambore Extension

If you have not yet booked this fabulous extension, there is still time to do so. Please contact 0333 003 0522



TRIP OVERVIEW

Once a famous hunting ground for the gallant rulers of Jaipur, Ranthambore National Park is spread over 1,344km² and is one of the biggest national parks in India. Choose this extension to experience a variety of wildlife including tigers, leopards, deer and much more.

ITINERARY & DETAILS

This document aims to give you all the information which you will require during your Ranthambore extension.

Your included meal guide:

B = Breakfast, L = Lunch, D = Dinner

Day 14: Kathmandu to Delhi B/L/D

Depart Kathmandu and fly to Delhi where you will be met on arrival and taken to your hotel for the rest of the day at leisure.

Day 15 : Delhi to Ranthambore B/L/D

From Delhi, board the train for a relaxing journey through rural India to Ranthambore for a wildlife experience of a lifetime. Ranthambore National Park is renowned for its stunning array of wildlife including tigers, leopards, striped hyenas, sambar deer, sloth bears and black buck.

Day 16 : Ranthambore B/L/D

Enjoy an early morning jungle safari followed by breakfast back at your hotel. After relaxing at the hotel, take a second safari trip later this afternoon for another chance to spot Ranthambore's wild inhabitants.

Day 17 : Ranthambore to Delhi B/L/D

Depart Ranthambore and catch the train to Delhi. The remainder of your day within the Indian capital is at leisure.

Day 18 : Delhi to UK B

After breakfast transfer to the airport for your flight back to the UK.

Hotel Information

Your stay in Ranthambore will take place at the following hotel:

4★ Ranthambore Regency Hotel (2 nights):

This family-run hotel offers guests a peaceful stay with well-appointed garden or poolside rooms and excellent service. Ranthambore has one of the best tiger habitats in the world and provides the best chance of spotting tigers in the wild.

Address: Ranthambore Rd, Saptar, Sawaimadhopur, Rajasthan 322001, India. Telephone: 0091 7462 221 176

Your stay in Delhi will take place at the following hotel:

5★ The Metropolitan Hotel and Spa (2 nights):

Located in the heart of New Delhi, this hotel has a certificate of excellence.

Facilities include an outdoor swimming pool and a health spa. Room facilities include LED flat screen TV, FREE Wi-Fi, tea and coffee maker and safe and have a choice of a pool or city view.

Hotel information: Bangla Sahib Rd, Sector 4, Gole Market, New Delhi, Delhi 110001, India. Telephone: 0091 11 4250 0200

FLIGHT INFORMATION

If the hotels listed are unavailable an alternative will be used of a similar standard. Final confirmation of your accommodation will be sent in a document, along with your final flight information, approximately 10 days before you travel.

Personal Expenses

You will need to take some extra money with you to cover any meals not included, drinks and personal purchases such as souvenirs, laundry, and any extra snacks.

Tour Guides

This is a fully escorted tour. You will be met by a local guide, ensuring that you have first-hand knowledge at all times.

On your arrival/Emergency contact information

On your arrival in Delhi you will be met by a representative from our local agent, **Jayasree Travels & Tours**, holding a sign displaying: "Mercury Holidays". The Mercury Holidays/Jayasree Travels & Tours representative will show you to your transfer vehicle. Your guide will be able to answer any queries you may have, however if you need to contact Jayasree Travels & Tours during your stay the details are:

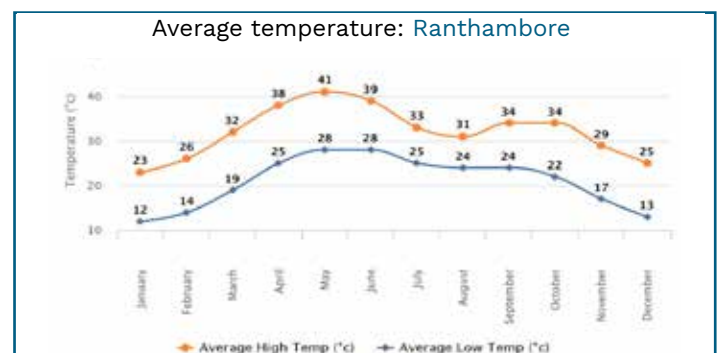
Jayasree Travels and Tours Address: F 341-Ground Floor Lado Sarai New Delhi 110030. Telephone Number: 0091 471 2505067

Emergency contact information

Please find below the emergency contact details for Jayasree Travels & Tours:

Name	Contact Number
Mrs Samitha Azhar	0091 974 471 3380
Mr Biju Unnikrishnan	0091 952 618 8860
Mr Harish Kumar	0091 952 618 8859
Mr Amit Bhardwaj	0091 995 898 8719

WEATHER AND CLIMATE



Please note: Final hotel and flight details will be confirmed on your final documentation which will be sent to you approximately 10 days before departure.

For any further enquiries or for more information call us on **0333 003 0522**

Nagarkot Retreat Extension

If you have not yet booked this fabulous extension, there is still time to do so. Please contact 0333 003 0522



4★ Club Himalaya

TRIP OVERVIEW

Round off your action-filled main tour with a relaxing stay in the village of Nagarkot. Nestled in the Himalayans foothills, the village boasts fantastic mountain views and your hotel is ideally located for a relaxing stay and spa retreat.

ITINERARY & DETAILS

This document aims to give you all the information which you will require during your Nagarkot extension.

Hotel (3 nights)

4★ Club Himalaya Nagarkot on Bed & Breakfast

Located east of Kathmandu, Club Himalaya offers a rare blend of nature and modern amenities. Sitting 7,200 feet above sea level on Windy Hill, this well-appointed hotel enjoys amazing views of the Himalayas. Its excellent selection of amenities includes an indoor pool, spa, shopping arcade, two on-site restaurants and a bar. A city shuttle service, car rentals and a tour desk are also available for those looking to take day trips to nearby towns and cities.

Each room opens to a private balcony with spectacular mountain views. Rooms are air-conditioned with en suite facilities, a phone and a TV. Address: Nagarkot 44812, Nepal Telephone: 00977 1 6680080

Final confirmation of your hotel will be sent in a document approximately two weeks before you travel.

Please note

This extension takes place after your main tour.

Personal Expenses

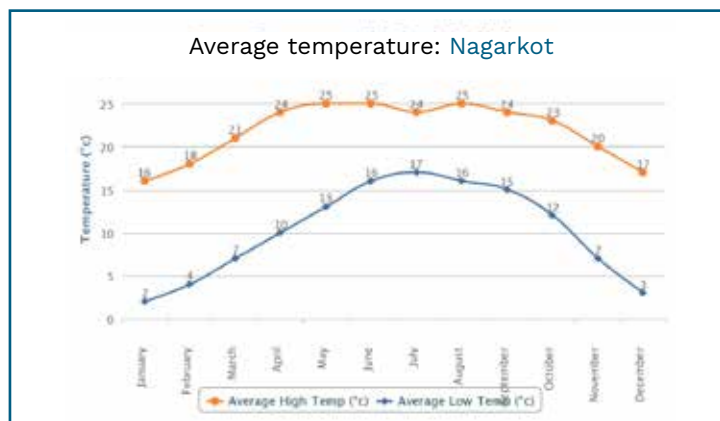
You will need to take some extra money with you to cover any meals not included, drinks and personal purchases such as souvenirs, laundry and snacks.

Tour Guides

Your stay in Nagarkot is not escorted by a tour guide. However, all internal transfers are included.

WEATHER AND CLIMATE

Weather can vary quite considerably throughout the year, so please familiarise yourself with the climate charts below.



4★ Club Himalaya

FLIGHT INFORMATION

Please note: Final hotel and flight details will be confirmed on your final documentation which will be sent to you approximately 10 days before departure.

For any further enquiries or for more information call us on **0333 003 0522**