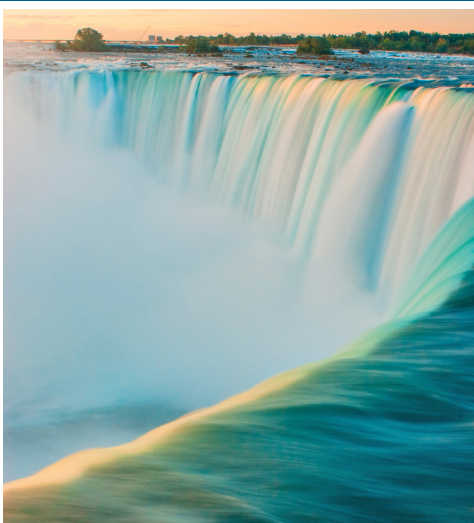


Canada's Maple Leaf Trail



TRIP OVERVIEW

This fascinating tour will take you on a delightful journey experiencing the diversity and contrast of four unique cities, from beautiful Montreal and charming Quebec, to historic Ottawa and cosmopolitan Toronto. Marvel at the enchanting Niagara Falls, take in the magnificent scenery onboard a '1000 island cruise' in Rockport and enjoy a traditional Quebecois Feast at a 'sugar shack'. Our fabulous tour will ensure you see the very best of stunning Eastern Canada.

ITINERARY & DETAILS

This document aims to give you all the information that you require for a smooth and comfortable trip to Canada. Please take the time to read this dossier to familiarise yourself with all the aspects of our tour. It includes important information such as visa requirements.

Your included meal guide:

B = Breakfast, L = Lunch, D = Dinner

DAY 1: UK to Montreal

Depart London on your scheduled flight to Montreal. On arrival, you will be met and transferred to your hotel.

DAY 2: Montreal B

A morning tour unveils the city's delightful warren of cobblestone alleys, packed with Victorian stone houses, small boutiques and trendy eateries. Visit the famous landmark of Notre Dame, and then on to Place Jacques Cartier filled with street musicians.

DAY 3: Montreal to Quebec City B

Depart this morning for Fort Chambly National Historic site. The fort once protected New France from British attacks and stands as an invaluable witness to the French presence in North America. After a leisurely lunch, follow the Maple Leaf trail through the picturesque landscapes, villages and vineyards of the Eastern Townships before arriving in Quebec City.

DAY 4: Quebec City B

This morning enjoy a guided tour of Quebec City, the crown jewel of French Canada. Explore UNESCO-listed Vieux Quebec, with its cobbled streets, ancient city walls and colourful Victorian facades. Your tour will also include the colonial citadel and the majestic Chateau Frontenac, as well as the imposing 19th Century parliament buildings. Rest of day at leisure.

DAY 5: Quebec City to Ottawa B/L

Following breakfast, you will stop en route at the delightful 'Sugar Shack'. Here, in the heart of the beautiful Mauricie region, you will enjoy a sumptuous true Quebecois feast, live music and a guided tour explaining how maple syrup used to be produced. Continue to Ottawa with the rest of the day at leisure.

DAY 6: Ottawa B

Embark on a half-day sightseeing tour of Canada's capital. Visit the National Art Gallery and Sparks Street, a pedestrianised shopping area before continuing to the ByWard Market, a trendy area home to many bars and restaurants. Next stop is Rideau Hall, the official residence of the Canadian Monarch and the Governor General. Visit the impressive Rideau

Canal, which runs throughout the city and becomes the world's longest skate rink in winter.

DAY 7: Ottawa to Toronto B/L

Today leave Ottawa to travel into Toronto. En route, stop in Rockport for a picturesque "1000 Island Cruise" on the St Lawrence River. Lunch will be at a local restaurant before arriving in Toronto.

DAY 8: Toronto B

The tour leaves Toronto for what is undoubtedly one of the highlights of the trip: Niagara Falls. We've organised a boat trip here to experience the breathtaking flow of water, power and mist of this natural wonder. Journey back to Toronto stopping at the quaint little town of Niagara-on-the-lake followed by a wine-tasting experience at the stunning Konzelmann Winery.

DAY 9: Toronto to the UK or extension B

Before your flight back to the UK, explore Toronto on a guided tour. Visit the Parliament building and University, wander around the indoor food stalls at St Lawrence Market, visit the iconic CN tower, and finish with some shopping along Yonge Street. Then transfer to the airport for your flight back to the UK, or continue on to your chosen extension.



ACCOMMODATION DETAILS & MAP



Accommodation

Your accommodation is selected for convenience, location, comfort or character. Hotel accommodation is generally rated as local three to four-star standard, but please note there is no international classification system for hotels, and differences in facilities and quality do exist between the UK and Canada. All group tours hotels have private bathroom facilities and air-conditioning, where needed.

Rest assured that all accommodation used by Mercury Holidays is regularly inspected by our staff and partners to ensure that standards meet your needs.

ON YOUR ARRIVAL

On your arrival in Montreal you will be met by a representative from our local agent, **Go West Tours**, holding a sign displaying: "Mercury Holidays". The Mercury Holidays/Go West Tours representative will show you to your transfer vehicle. Your national guide will be able to answer any queries. However, if you need to contact Go West Tours during your stay the details are:

Go West Tours head office:

Telephone: 001 415 837 0154

WHAT YOU NEED FOR YOUR TOUR

Visas

British Citizens will need an eTA to visit Canada. Applying for an eTA is a simple online process that takes just a few minutes. You will need your passport, a credit card, and an email address. It costs \$7 CAD to get an eTA and it will be valid for up to five years. You must also make sure that you carry the correct travel documents and identification. Please visit www.cic.gc.ca. Further advice should be sought from the applicable tourist authority for other nationalities and for general queries. We strongly advise you check your destinations' Tourist Board or Embassy for the most up-to-date guidelines regarding passport validity.

Insurance

We strongly recommend that you and all members of your party are suitably insured as soon as you book your holiday. It is a condition of booking that you must have suitable travel insurance. It is important that you purchase travel insurance that suitably covers your participation in whatever activities you may undertake at the time that you make your booking. To assist you with this, we have arranged travel insurance in partnership with Holiday Extras. To arrange your travel insurance with Holiday Extras, please call 0800 781 4237 and quote 'WK830' for preferential rates. Please ensure you provide us with the name of your insurer, policy number and their 24 hour emergency contact number as soon as possible. Mercury Holidays will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

Tour Guides - Local Guides

This is a fully escorted tour meaning that you will be met by a local guide in each of the cities that you visit, ensuring that you always have first-hand knowledge.



Please note the hotels listed on our website and brochure are provided for guidance only and final confirmation of your accommodation will be sent in a document, along with your final flight information, approximately 10 days before you travel.

Meals

Breakfast is always western style and served in the hotel each morning. Lunch where stated will be taken in local Canadian restaurants.

Emergency contact information

Please find below the emergency contact details for **Go West Tours**
24hr Telephone: 001 415 837 0154 (business hours 08:30-17:30 USA Pacific Time)

Out of hours West Coast Groups: 001 415 710 1913

Out of hours East Coast Groups: 001 415 793 6458

Tipping

It is customary/at your discretion to tip both your driver and guide. We would recommend to tip approximately CAD\$7 for the guide per day and CAD\$7 for the driver per day, per person. This is a total of \$112 per person to budget for tips on your trip. Tips will be collected at the beginning/end of your tour. Tips are accepted in the local currency.

Health and Vaccinations

It is your responsibility to check any health and vaccination requirements applicable to your booked arrangements. We can only provide general information about this. Health and hygiene facilities and disease risks vary from country to country. You should take health advice about your own needs as early as possible and in good time before your departure. Sources of information include; www.fco.gov.uk, www.travelhealthpro.org.uk, www.hpa.org.uk, your General Practitioner or a specialist clinic.

Physical Accessibility

All our tours feature a "Tour Pace" to help find the right holiday for you. To travel on any of our tours requires unaided mobility and the ability to stroll around the sights, climb stairs and get on and off coaches and boats. The tour pace for Canada's Maple Leaf Trail is intermediate. A good level of fitness is required as you may be on your feet for approximately four hours in a day, though this will be interspersed with regular breaks and will vary from day to day. You will be walking around the sights, and may be getting on and off coaches, trains and boats and climbing steps which may be irregular. You will stay in variety of hotels throughout the tour. Our guides will always endeavour to provide the highest level of service and assistance; however, they cannot be expected to cater for customers who are unfit to complete the itinerary.

Group Size

The minimum number of travellers in your group will be 10, and the maximum will be 35. If in the unlikely event there are less than 10 people booked on your tour date, we will endeavour to reduce any disruption to

your holiday and try to operate your tour with lower passenger numbers. If we are not able to operate your departure date then you may be asked to change to a different date and a full refund will be made available to you should this alternative not be suitable.

Currency Exchange

The currency in Canada is the Canadian Dollar. We recommend that you exchange your currency before you leave the UK. It is important that you budget carefully and ensure you have the right form of currency before you arrive in the country. Cash machines will also be available throughout the tour in order to withdraw money in your local currency.

Personal Expenses

You will need to take money with you to cover any personal purchases such as souvenirs, laundry, any meals not included in the itinerary as

well as drinks and any additional snacks. Approximately £200- £400 per person will be sufficient for the duration of the tour. It is a good idea to try and maintain a supply of small notes and change in the local currency for tipping or small purchases.

Itinerary Changes

The order of events and sightseeing may vary according to local conditions or for operational purposes. For this reason, we have indicated approximate times only. Your local guide will inform you of any schedule changes as they are informed of them. Some road construction and/or weather conditions may lengthen the driving times. Our intention is to adhere to the day-to-day itinerary as printed; however order of events and sightseeing may vary according to local conditions.

WHAT TO PACK

- Sunglasses, Sunscreen and hat in summer
- Comfortable walking shoes
- Camera and charger
- A plug adaptor - the voltage is 110 V. You will need a two-pin adaptor in Canada
- Antibacterial hand gel
- Binoculars

- Personal first aid kit containing travel pills, rehydration powder, plasters, stomach settlers, antiseptic creams, aspirin etc
- Small day pack for excursions
- Waterproof, lightweight jacket
- Lightweight clothing
- Sweater and jacket for the cooler months

FLIGHT INFORMATION

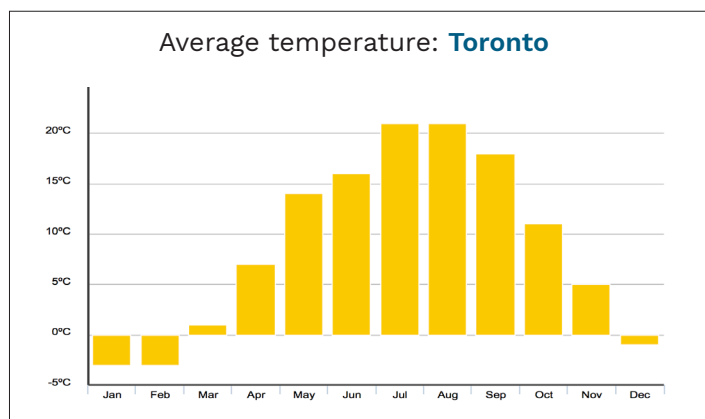
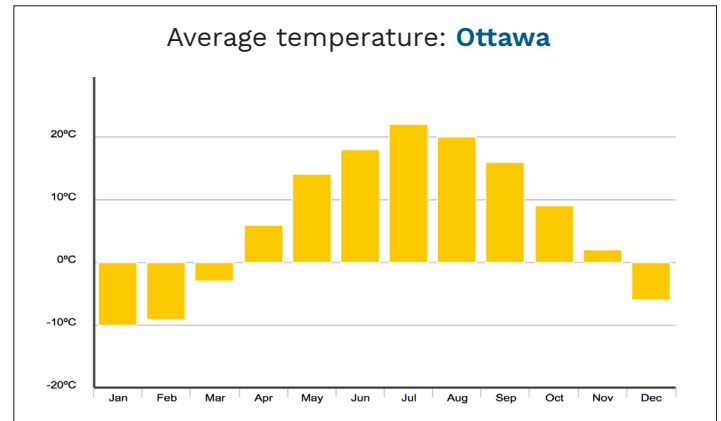
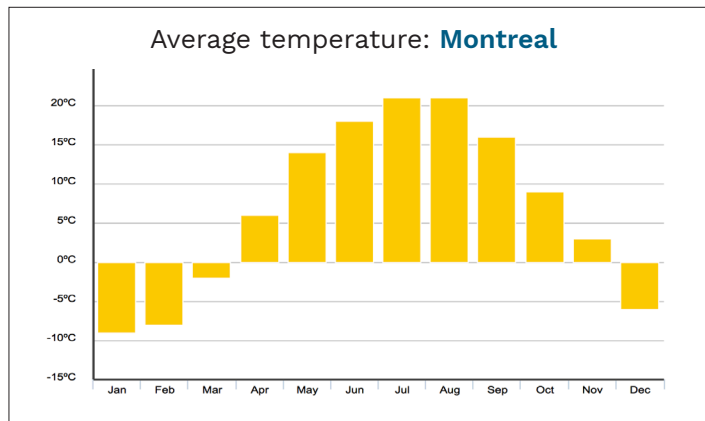
IMPORTANT: Please note that final flight details, including terminal, airline and baggage allowance, will be confirmed on your final documentation which will be sent to you approximately 10 days before departure. A printed E-ticket is no longer required at check-in, all you need to do is present your passport to the staff at the desk and your boarding pass will be given to you.

Airport Extras

If you wish to arrange Airport car parking, lounges or accommodation at preferential rates, we recommend you book this in advance with Holiday Extras Tel. 0871 360 2000, quoting HX313.

WEATHER AND CLIMATE

Weather can vary quite considerably throughout the year, so please familiarise yourself with the climate charts below.



Toronto Extension

If you have not yet booked this fabulous extension, there is still time to do so. Please contact 0333 003 0522



TRIP OVERVIEW

Spend two extra nights in this diverse city. Choose to explore Toronto's many museums and art galleries, with the option in the evening to sample some of the world's finest restaurants and bars.

ITINERARY & DETAILS

This document aims to give you all the information which you will require during your add-on to Toronto.

Toronto (3 days/2 nights)

Toronto is Canada's largest city, the fourth largest in North America, and home to a diverse population of about 2.8 million people. It's a global centre for business, finance, arts and culture & is consistently ranked one of the world's most liveable cities

Hotel Information

Your stay will take place at the following hotel:

3★ Eaton Chelsea Hotel

Canada's largest hotel, the Eaton Chelsea is centrally located within walking distance to the city's bustling shopping and business districts. This comfortable hotel offers a range of good facilities in the heart of the city. Rooms have a furnished en suite bathroom and are well equipped with TV, hair dryer, tea and coffee making facilities and Wi-Fi.
Address: 33 Gerrard St W, Toronto, ON M5G 1Z4, Canada
Contact number: (001) (416) 595-1975

Any alternative hotels or board basis will have been confirmed at booking. Please speak to our reservations department if you are unsure. Please note: the hotels listed are provided for guidance only and final confirmation of your accommodation will be sent in a document, along with your final flight information, approximately 10 days before you travel.

Personal Expenses

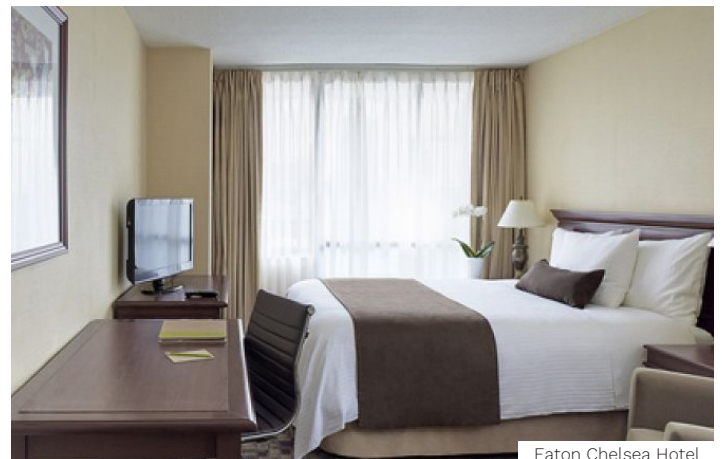
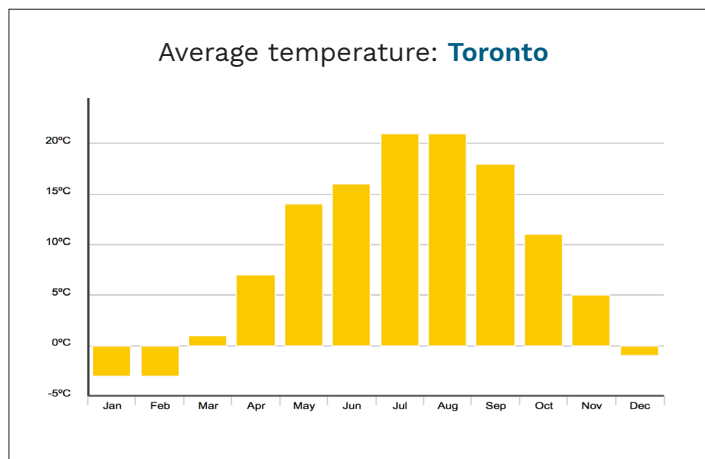
You will need to take money with you to cover any lunches and dinners, as well as personal purchases, such as souvenirs, laundry and drinks.

Tour Guides

Your stay in Toronto is not escorted by a tour guide and your time will be free to explore the city at your own pace. Transfers are included.

Please note

This extension takes place after your main tour.



Eaton Chelsea Hotel

FLIGHT INFORMATION

Please note: Final hotel and flight details will be confirmed on your final documentation which will be sent to you approximately 10 days before departure.

For any further enquiries or for more information call us on **0333 003 0522**